

## **Provider Bulletin**

February 2022

# Medical Policies and Clinical Utilization Management Guidelines update

The *Medical Policies*, *Clinical Utilization Management (UM) Guidelines*, and *Third-Party Criteria* below were developed and/or revised to support clinical coding edits. Note, several policies and guidelines were revised to provide clarification only and are not included. Existing precertification requirements have not changed.

Please share this notice with other members of your practice and office staff.

To view a guideline, visit

https://provider.healthybluemo.com/missouri-provider/medical-policies-and-clinical-guidelines.

### Notes/updates:

Updates marked with an asterisk (\*) notate that the criteria may be perceived as more restrictive:

- \*CG-LAB-19 Laboratory Evaluation of Vitamin B12:
  - Outlines the *medically necessary* and *not medically necessary* criteria for the use of vitamin B12 blood test.
- \*DME.00044 Wheelchair Mounted Robotic Arm:
  - The use of a wheelchair mounted robotic arm is considered *investigational and not medically necessary* for all uses.
- \*MED.00138 Wearable Devices for Stress Relief and Management:
  - o Wearable devices for management, monitoring or prevention of stress and stress-related conditions are considered *investigational and not medically necessary* for all indications.
- \*CG-MED-53 Cervical Cancer Screening Using Cytology and Human Papillomavirus Testing:
  - o Removed criteria addressing chronically immunosuppressed individuals.
- \*CG-MED-81 Ultrasound Ablation for Oncologic Indications:
  - o Added *not medically necessary* statement for TULSA.
- \*CG-SURG-78 Locoregional and Surgical Techniques for Treating Primary and Metastatic Liver Malignancies:
  - o Revised the clinical indications to add a *not medically necessary* statement for histotripsy.
- \*MED.00099 Navigational Bronchoscopy:
  - o Removed the word *electromagnetic* in the position statement.
- \*SURG.00010 Treatments for Urinary Incontinence:
  - Added new criterion to *investigational and not medically necessary* statement on endovaginal cryogen-cooled, monopolar radiofrequency remodeling.
  - o Added *as treatments for urinary incontinence* to *investigational and not medically necessary* statement and removed wording on urinary incontinence.
- \*SURG.00097 Scoliosis Surgery:
  - Added minimally invasive deformity correction system to the Scope and Position Statement

Effective April 1, 2022, Healthy Blue will begin using the *AIM Specialty Health*<sub>®</sub><sup>I</sup> *Clinical Appropriateness Guidelines* for medical necessity review of the below services. Please note, the Healthy Blue Utilization Management team will complete these reviews using the AIM *Clinical Appropriateness Guidelines*:

- Advanced Imaging Clinical Appropriateness Guideline:
  - o Imaging of the brain
  - o Imaging of the head and neck
  - o Imaging of the heart
  - o Imaging of the chest
  - o Imaging of the abdomen and pelvis
  - Oncologic imaging
- Musculoskeletal Interventional Pain Management Clinical Appropriateness Guideline
- Cardiology Clinical Appropriateness Guidelines:
  - o Diagnostic coronary angiography
  - o Percutaneous coronary intervention
- Radiation Oncology Clinical Appropriateness Guideline

### **Medical Policies**

On November 11, 2021, the Medical Policy and Technology Assessment Committee (MPTAC) approved the following *Medical Policies* applicable to Healthy Blue. These guidelines take effect April 1, 2022.

Publish date	Medical Policy number	Medical Policy title	New or revised
12/29/2021	*DME.00044	Wheelchair Mounted Robotic Arm	New
12/29/2021	*MED.00138	Wearable Devices for Stress Relief and Management	New
11/18/2021	GENE.00052	Whole Genome Sequencing, Whole Exome Sequencing, Gene Panels, and Molecular Profiling	Revised
12/29/2021	*MED.00099	Navigational Bronchoscopy	Revised
12/29/2021	*SURG.00010	Treatments for Urinary Incontinence	Revised
12/29/2021	SURG.00011	Allogeneic, Xenographic, Synthetic, Bioengineered, and Composite Products for Wound Healing and Soft Tissue Grafting	Revised
11/18/2021	SURG.00026	Deep Brain, Cortical, and Cerebellar Stimulation	Revised
12/29/2021	SURG.00037	Treatment of Varicose Veins (Lower Extremities)	Revised
12/29/2021	*SURG.00097	Scoliosis Surgery	Revised

#### Clinical UM Guidelines

On November 11, 2021, the MPTAC approved the following *Clinical UM Guidelines* applicable to Healthy Blue. These guidelines were adopted by the medical operations committee for Medicare Advantage members on December 16, 2021. These guidelines take effect April 1, 2022.

Publish date	Clinical UM Guideline number	Clinical UM Guideline title	New or revised
12/29/2021	*CG-LAB-19	Laboratory Evaluation of Vitamin B12	New
12/29/2021	CG-DME-06	Compression Devices for Lymphedema	Revised

Publish date	Clinical UM Guideline number	Clinical UM Guideline title	New or revised
12/29/2021	*CG-MED-53	Cervical Cancer Screening Using Cytology and	Revised
		Human Papillomavirus Testing	
12/29/2021	*CG-MED-81	Ultrasound Ablation for Oncologic Indications	Revised
11/18/2021	CG-OR-PR-05	Myoelectric Upper Extremity Prosthetic Devices	Revised
12/29/2021	*CG-SURG-78	Locoregional and Surgical Techniques for Treating	Revised
		Primary and Metastatic Liver Malignancies	